

# Sarah Mock

sarah@savoringthegood.com

I love to sit by the fire pit and drink a glass of wine after a taxing day of making videos, and I love to wrap up a good season by traveling with my husband. It is one of my favorite ways to reconnect with my high school sweetheart whom I've been married to for 17 years. We have three kids together (12, 9 & 6) and we love to savor the good things happening in our town, as well as in towns we travel to as a family. I want to be the Fairy Godmother at Disney when I grow up. Perhaps I'll flit off to France and Italy from time to time to sample vino a la Europe. Who knows? For now, I'm enjoying this blissfully busy life we've created in York, PA.



I specialize in creating fun, comprehensive videos that will educate you in some way. Whether it's a trick or tip or one of my famous Fast Forward Food Friday videos; I spend a lot of time dreaming up ideas, producing the videos, and editing in order to bring you the very best I have to offer.

## BLOG STATS

MONTH

**59,700**

page views

**45,680**

unique visitors

ANNUAL

**669,040**

page views

**493,434**

unique visitors

230% growth year over year!!

Savoring The Good

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## BRAND PARTNERSHIPS (JUST A SAMPLE OF SOME OF THE BRANDS I'VE WORKED WITH)



The WALT DISNEY Studios



ZICAM.  
COLD REMEDY

OLD NAVY



## SPEAKING SESSIONS

### Collective Bias SoFabU On The Road

How to take your Storytelling to the Next Level with Video

### Bloggy Conference

Instructional Videos - Connecting to Your Way In a New Way

### Type-A Parent Conference VIP Session

Creating Instructional Videos

### Collective Bias

Engage and Build Your Traffic with Compelling Videos

## TV APPEARANCES

(Monthly Segment)



## VIDEO VIEWS

Facebook: 5.5million+ YouTube: 862k+

### AVAILABLE SERVICES

- Sponsored posts & videos
- Brand Ambassadorships
- Conference/Event Sponsorship
- Conference/Event Speaker
- Freelance photography & videography
- Social Media Sharing
- **Have another idea? Tell me about it!**



This recipe video has over 4million views on Facebook