



Sarah Mock

savoringthegood.com

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More than a family, food, travel, and technology blog, Savoring The Good is focused on Savoring what is GOOD about each of these topics. To enjoy something you need to pause and to savor it. Appreciate what it is, how it is made, the impact it has on the world, how it makes your life better or how it makes you appreciate the good that this life has to offer.

A foodie at age 15, Sarah Mock first stepped into a professional kitchen as a prep cook and discovered hard work, a love for the culinary craft and she came alive when creating cuisine for others. Sarah's life long love of food lead her to earn two degrees from Johnson & Wales University. While Sarah is a trained Chef she is not a certified Chef and does not call herself one. This stems from her deep love and respect for those who have taken all the steps to take certification exams and pass the rigorous process.

Married to her high school sweetheart for 20 years, they have three kids together (15, 12 & 9) and we love to savor the good things happening in our town, as well as in towns we travel to as a family.

Demographics



88% US Based
Top 2 States
NY PA



81%
Female
25-54

BLOG STATS (MONTHLY)

131,000 **89,000**

page views

unique visitors



BRAND PARTNERSHIPS

(JUST A SAMPLE OF SOME OF THE BRAND PARTNERS)



The Walt Disney Studios

ACADEMIA
BARILLA



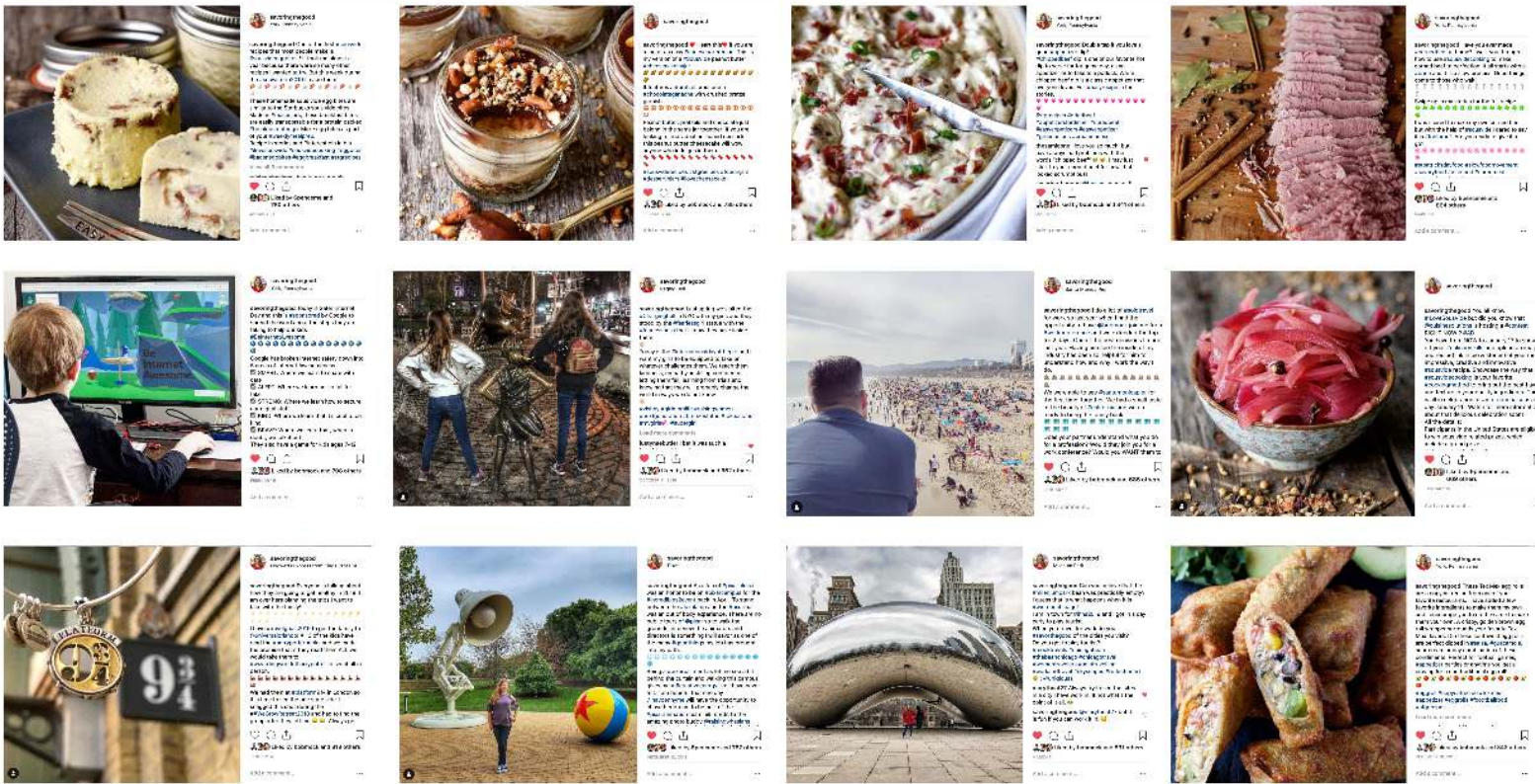
AMERICAN DAIRY
ASSOCIATION

cumberland valley
VISITORS BUREAU

haven
resorts & spas



INSTAGRAM IMAGES



Facebook: 6.9million+ YouTube: 1.2 million+

AVAILABLE SERVICES

- Sponsored posts & videos
- Brand Ambassadorships
- Conference/Event Sponsorship
- Conference/Event Speaker
- Freelance photography & videography
- Social Media Sharing



GOGO POWERMUFFINZ
Hands & Pans Video



Copycat Bang Bang Shrimp Recipe

This recipe video has over 7 million views on Facebook

TV APPEARANCES

